



Information about Good Faith Estimates

As of January 1, 2022, you have the right to receive a "Good Faith Estimate" explaining how much your medical and mental health care will cost. Under the law, health care providers need to give patients who don't have insurance, or who are not using insurance, an estimate of the expected charges for medical services, which includes mental health care.

A Good Faith Estimate enumerates the expenses you can reasonably expect to pay for therapy services provided by Healing Through Play Therapy. The estimate is created based upon the information known at the time the estimate is first created. It does not include unknown or unexpected costs that may arise during treatment. It is possible that you may incur more charges than the estimate enumerates if complications or special circumstances arise. If this happens, the federal law provides you with a right to dispute your bill.

If you are billed for \$400 or more than your Good Faith Estimate, you have the right to dispute the bill. You may contact me directly if you are billed charges that exceed the Good Faith Estimate. You also have the right to initiate a dispute resolution process with the U.S. Department of Health and Human Services (HHS). If you choose to use the dispute resolution process, you must start the dispute process within 120 calendar days from the date on the original bill. There is a \$25 fee to use the dispute process.

If the dispute-reviewing agency agrees with you, you will be responsible for the amount provided on your Good Faith Estimate. If the agency disagrees with your dispute and agrees with the fees charged by me that exceed the Good Faith Estimate, you will have to pay the higher amount charged. To learn more visit www.cms.gov/nosurprises or call HHS at (800)368-1019. Your estimate is not a contract. You are not obligated to receive services from me. I can provide you with alternative referrals at your request at any time.